



10. Kristall-Marathon

Merkers / 14.02.2016

Detailed evaluation

Brenz, Michael

Club: Meininger Drachen

Number: 91

Course: 9.75 km

10 km Lauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:14:07

Speed: 7.29 km/h

Running performance: 7:36 min/km

Rank in course/Total: 177 (of 181)

Rank in course/Men: 120 (of 122)

Best time in course: 34:17

Rank in category: 16(of 16)

Best time in the category: 42:27

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	21:19	6:33	16	7:27	114	9:54	3.25	21:19	6:33	16	7:27	114	9:54
Lap 2	3.25	27:50	8:33	16	13:37	121	16:21	6.50	49:09	7:33	16	21:04	120	26:15
Last lap Finish	3.25	24:58	7:40	16	10:36	118	13:35	9.75	1:14:07	7:36	16	31:40	120	39:50