



10. Kristall-Marathon

Merkers / 14.02.2016

Detailed evaluation

Müller, Andreas

Club: Nürnberg

Number: 125

Course: 9.75 km

10 km Lauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 1:19:15

Speed: 7.38 km/h

Running performance: 8:08 min/km

Rank in course/Total: 179 (of 181)

Rank in course/Men: 121 (of 122)

Best time in course: 34:17

Rank in category: 15(of 15)

Best time in the category: 34:17

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	25:03	7:42	15	13:38	122	13:38	3.25	25:03	7:42	15	13:38	122	13:38
Lap 2	3.25	26:17	8:05	15	14:48	120	14:48	6.50	51:20	7:53	15	28:26	121	28:26
Last lap Finish	3.25	27:55	8:35	15	16:32	121	16:32	9.75	1:19:15	8:07	15	44:58	121	44:58