



10. Kristall-Marathon

Merkers / 14.02.2016

Detailed evaluation

Harzer, Torsten

Club: LAC Chemnitz

Number: 55

Course: 9.75 km

10 km Lauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 43:09

Speed: 12.51 km/h

Running performance: 4:26 min/km

Rank in course/Total: 19 (of 181)

Rank in course/Men: 18 (of 122)

Best time in course: 34:17

Rank in category: 1(of 17)

Best time in the category: 43:09

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	13:53	4:16	1	-	18	2:28	3.25	13:53	4:16	1	-	18	2:28
Lap 2	3.25	14:45	4:32	1	-	20	3:16	6.50	28:38	4:24	1	-	20	5:44
Last lap Finish	3.25	14:31	4:28	1	-	17	3:08	9.75	43:09	4:25	1	-	18	8:52