



10. Kristall-Marathon

Merkers / 14.02.2016

Detailed evaluation

Hildebrand, Berno

Club: Bochum

Number: 337

Course: 22.75 km

Halbmarathon

Category:

Männer (20-29 Jahre)

Total time: 1:30:23

Speed: 14.60 km/h

Running performance: 3:58 min/km

Rank in course/Total: 3 (of 159)

Rank in course/Men: 3 (of 122)

Best time in course: 1:28:31

Rank in category: 1(of 11)

Best time in the category: 1:30:23

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	11:45	3:36	1	-	1	-	3.25	11:45	3:36	1	-	1	-
Lap 2	3.25	12:27	3:49	1	-	2	0:05	6.50	24:12	3:43	1	-	1	-
Lap 3	3.25	12:31	3:51	1	-	1	-	9.75	36:43	3:45	1	-	1	-
Lap 4	3.25	12:59	3:59	1	-	3	0:17	13.00	49:42	3:49	1	-	1	-
Lap 5	3.25	13:22	4:06	1	-	3	0:26	16.25	1:03:04	3:52	1	-	2	0:25
Lap 6	3.25	14:03	4:19	1	-	4	1:08	19.50	1:17:07	3:57	1	-	3	1:18
Last lap Finish	3.25	13:16	4:04	1	-	3	0:39	22.75	1:30:23	3:58	1	-	3	1:52