



10. Kristall-Marathon

Merkers / 14.02.2016

Detailed evaluation

Schneider, Stephan

Club: SV Birkenhard

Number: 416

Course: 22.75 km

Halbmarathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:34:48

Speed: 13.92 km/h

Running performance: 4:10 min/km

Rank in course/Total: 5 (of 159)

Rank in course/Men: 5 (of 122)

Best time in course: 1:28:31

Rank in category: 1(of 15)

Best time in the category: 1:34:48

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	12:26	3:49	1	-	5	0:41	3.25	12:26	3:49	1	-	5	0:41
Lap 2	3.25	13:20	4:06	1	-	5	0:58	6.50	25:46	3:57	1	-	5	1:34
Lap 3	3.25	13:29	4:08	1	-	5	0:58	9.75	39:15	4:01	1	-	5	2:32
Lap 4	3.25	13:37	4:11	1	-	4	0:55	13.00	52:52	4:03	1	-	5	3:10
Lap 5	3.25	13:54	4:16	1	-	4	0:58	16.25	1:06:46	4:06	1	-	5	4:07
Lap 6	3.25	14:07	4:20	1	-	5	1:12	19.50	1:20:53	4:08	1	-	5	5:04
Last lap Finish	3.25	13:55	4:16	1	-	5	1:18	22.75	1:34:48	4:10	1	-	5	6:17