



10. Kristall-Marathon

Merkers / 14.02.2016

Detailed evaluation

Vollhardt, Jürgen

Club: RSC Aichach

Number: 438

Course: 22.75 km

Halbmarathon

Category:

Senioren M30 (30-34 Jahre)

Total time: 1:43:11

Speed: 12.79 km/h

Running performance: 4:32 min/km

Rank in course/Total: 16 (of 159)

Rank in course/Men: 15 (of 122)

Best time in course: 1:28:31

Rank in category: 2(of 18)

Best time in the category: 1:42:28

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	12:57	3:59	2	0:19	10	1:12	3.25	12:57	3:59	2	0:19	10	1:12
Lap 2	3.25	13:35	4:10	1	-	10	1:13	6.50	26:32	4:04	1	-	8	2:20
Lap 3	3.25	15:01	4:37	2	0:24	19	2:30	9.75	41:33	4:15	1	-	13	4:50
Lap 4	3.25	14:38	4:30	2	0:08	14	1:56	13.00	56:11	4:19	1	-	13	6:29
Lap 5	3.25	15:10	4:39	2	0:01	18	2:14	16.25	1:11:21	4:23	1	-	13	8:42
Lap 6	3.25	15:38	4:48	1	-	18	2:43	19.50	1:26:59	4:27	1	-	14	11:10
Last lap Finish	3.25	16:12	4:59	7	1:20	36	3:35	22.75	1:43:11	4:32	2	0:43	15	14:40