



10. Kristall-Marathon

Merkers / 14.02.2016

Detailed evaluation

Vollhardt, Jürgen

Club: RSC Aichach

Number: 438

Course: 22.75 km

Halbmarathon

Category:

Senioren M30 (30-34 Jahre)

Total time: 1:43:11

Speed: 13.23 km/h

Running performance: 4:32 min/km

Rank in course/Total: 16 (of 159)

Rank in course/Men: 15 (of 122)

Best time in course: 1:28:31

Rank in category: 2(of 18)

Best time in the category: 1:42:28

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total | | Total | | Total | | Total ranking | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|-------|---------|--------|-------------|----------------|------------|---------------|--|
| | | | | | | Pos Men | Behind Men | km | Time | min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | |
| Lap 1 | 3.25 | 12:57 | 3:59 | 2 | 0:19 | 10 | 1:12 | 3.25 | 12:57 | 3:59 | 2 | 0:19 | 10 | 1:12 | |
| Lap 2 | 3.25 | 13:35 | 4:10 | 1 | - | 10 | 1:13 | 6.50 | 26:32 | 4:04 | 1 | - | 8 | 2:20 | |
| Lap 3 | 3.25 | 15:01 | 4:37 | 2 | 0:24 | 19 | 2:30 | 9.75 | 41:33 | 4:15 | 1 | - | 13 | 4:50 | |
| Lap 4 | 3.25 | 14:38 | 4:30 | 2 | 0:08 | 14 | 1:56 | 13.00 | 56:11 | 4:19 | 1 | - | 13 | 6:29 | |
| Lap 5 | 3.25 | 15:10 | 4:39 | 2 | 0:01 | 18 | 2:14 | 16.25 | 1:11:21 | 4:23 | 1 | - | 13 | 8:42 | |
| Lap 6 | 3.25 | 15:38 | 4:48 | 1 | - | 18 | 2:43 | 19.50 | 1:26:59 | 4:27 | 1 | - | 14 | 11:10 | |
| Last lap Finish | 3.25 | 16:12 | 4:59 | 7 | 1:20 | 36 | 3:35 | 22.75 | 1:43:11 | 4:32 | 2 | 0:43 | 15 | 14:40 | |