



10. Kristall-Marathon

Merkers / 14.02.2016

Detailed evaluation

Hundeloh, Paul Moritz

Club: LC Solbad Ravensberg

Number: 72

Course: 9.75 km

10 km Lauf

Category:

männliche Jugend U20 (18-19 Jahre)

Total time: 34:31

Speed: 16.95 km/h

Running performance: 3:32 min/km

Rank in course/Total: 2 (of 181)

Rank in course/Men: 2 (of 122)

Best time in course: 34:17

Rank in category: 1(of 2)

Best time in the category: 34:31

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	11:25	3:30	1	-	1	-	3.25	11:25	3:30	1	-	1	-
Lap 2	3.25	11:29	3:31	1	-	1	-	6.50	22:54	3:31	1	-	1	-
Last lap Finish	3.25	11:37	3:34	1	-	2	0:14	9.75	34:31	3:32	1	-	2	0:14