



# 10. Kristall-Marathon

Merkers / 14.02.2016

## Detailed evaluation

### Morgenweck, Reik

Club: TV-Barchfeld

Number: 123

Course: 9.75 km

10 km Lauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 43:23

Speed: 12.45 km/h

Running performance: 4:27 min/km

Rank in course/Total: 21 (of 181)

Rank in course/Men: 20 (of 122)

Best time in course: 34:17

Rank in category: 4(of 15)

Best time in the category: 34:17

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	13:39	4:12	3	2:14	14	2:14	3.25	13:39	4:12	3	2:14	14	2:14
Lap 2	3.25	14:51	4:34	5	3:22	21	3:22	6.50	28:30	4:23	4	5:36	17	5:36
Last lap Finish	3.25	14:53	4:34	4	3:30	20	3:30	9.75	43:23	4:26	4	9:06	20	9:06