



10. Kristall-Marathon

Merkers / 14.02.2016

Detailed evaluation

Locherer, Martina

Club: SV Birkenhard

Number: 369

Course: 22.75 km

Halbmarathon

Category:

Seniorinnen W50 (50-54 Jahre)

Total time: 1:50:49

Speed: 12.32 km/h

Running performance: 4:52 min/km

Rank in course/Total: 33 (of 159)

Rank in course/Women: 3 (of 37)

Best time in course: 1:42:13

Rank in category: 1(of 4)

Best time in the category: 1:50:49

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	14:55	4:35	1	-	4	1:38	3.25	14:55	4:35	1	-	4	1:38
Lap 2	3.25	15:23	4:44	1	-	3	1:19	6.50	30:18	4:39	1	-	4	2:57
Lap 3	3.25	15:32	4:46	1	-	3	1:07	9.75	45:50	4:42	1	-	3	4:04
Lap 4	3.25	16:06	4:57	1	-	3	1:19	13.00	1:01:56	4:45	1	-	3	5:23
Lap 5	3.25	16:13	4:59	1	-	3	1:16	16.25	1:18:09	4:48	1	-	3	6:39
Lap 6	3.25	16:25	5:03	1	-	3	1:06	19.50	1:34:34	4:50	1	-	3	7:45
Last lap Finish	3.25	16:15	5:00	1	-	4	1:13	22.75	1:50:49	4:52	1	-	3	8:36