



# 10. Kristall-Marathon

Merkers / 14.02.2016

## Detailed evaluation

**Dohmann, Michelle**

Club: Koblenz

Number: 317

Course: 22.75 km

Halbmarathon

Category:

Seniorinnen W30 (30-34 Jahre)

Total time: 1:53:01

Speed: 11.68 km/h

Running performance: 4:58 min/km

Rank in course/Total: 39 (of 159)

Rank in course/Women: 4 (of 37)

Best time in course: 1:42:13

Rank in category: 2(of 9)

Best time in the category: 1:45:46

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	15:19	4:42	2	1:03	5	2:02	3.25	15:19	4:42	2	1:03	5	2:02
Lap 2	3.25	16:08	4:57	2	1:06	5	2:04	6.50	31:27	4:50	2	2:09	5	4:06
Lap 3	3.25	16:21	5:01	2	1:08	5	1:56	9.75	47:48	4:54	2	3:17	5	6:02
Lap 4	3.25	16:33	5:05	2	1:08	5	1:46	13.00	1:04:21	4:56	2	4:25	5	7:48
Lap 5	3.25	16:24	5:02	2	0:56	4	1:27	16.25	1:20:45	4:58	2	5:21	5	9:15
Lap 6	3.25	16:53	5:11	2	1:33	5	1:34	19.50	1:37:38	5:00	2	6:54	4	10:49
Last lap Finish	3.25	15:23	4:44	2	0:21	2	0:21	22.75	1:53:01	4:58	2	7:15	4	10:48