



10. Kristall-Marathon

Merkers / 14.02.2016

Detailed evaluation

Linne, Sebastian

Club: Witzenhausen

Number: 368

Course: 22.75 km

Halbmarathon

Category:

Senioren M30 (30-34 Jahre)

Total time: 1:53:39

Speed: 11.61 km/h

Running performance: 5:00 min/km

Rank in course/Total: 40 (of 159)

Rank in course/Men: 36 (of 122)

Best time in course: 1:28:31

Rank in category: 9(of 18)

Best time in the category: 1:42:28

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	13:38	4:11	4	1:00	19	1:53	3.25	13:38	4:11	4	1:00	19	1:53
Lap 2	3.25	15:25	4:44	7	1:50	30	3:03	6.50	29:03	4:28	4	2:31	22	4:51
Lap 3	3.25	16:05	4:56	8	1:28	37	3:34	9.75	45:08	4:37	5	3:35	24	8:25
Lap 4	3.25	16:27	5:03	8	1:57	39	3:45	13.00	1:01:35	4:44	7	5:24	29	11:53
Lap 5	3.25	17:14	5:18	10	2:05	49	4:18	16.25	1:18:49	4:51	7	7:28	31	16:10
Lap 6	3.25	17:29	5:22	10	1:51	48	4:34	19.50	1:36:18	4:56	7	9:19	34	20:29
Last lap Finish	3.25	17:21	5:20	11	2:29	47	4:44	22.75	1:53:39	4:59	9	11:11	36	25:08