



# 10. Kristall-Marathon

Merkers / 14.02.2016

## Detailed evaluation

**Scherf, Christoph**

Club: OCR Frankfurt

Number: 412

Course: 22.75 km

Halbmarathon

Category:

Senioren M30 (30-34 Jahre)

Total time: 1:55:50

Speed: 11.40 km/h

Running performance: 5:05 min/km

Rank in course/Total: 45 (of 159)

Rank in course/Men: 41 (of 122)

Best time in course: 1:28:31

Rank in category: 10(of 18)

Best time in the category: 1:42:28

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	17:28	5:22	12	4:50	76	5:43	3.25	17:28	5:22	12	4:50	76	5:43
Lap 2	3.25	16:55	5:12	11	3:20	56	4:33	6.50	34:23	5:17	12	7:51	64	10:11
Lap 3	3.25	16:38	5:07	10	2:01	46	4:07	9.75	51:01	5:13	11	9:28	56	14:18
Lap 4	3.25	16:40	5:07	9	2:10	41	3:58	13.00	1:07:41	5:12	11	11:30	53	17:59
Lap 5	3.25	17:02	5:14	9	1:53	43	4:06	16.25	1:24:43	5:12	11	13:22	52	22:04
Lap 6	3.25	15:56	4:54	4	0:18	26	3:01	19.50	1:40:39	5:09	10	13:40	48	24:50
Last lap Finish	3.25	15:11	4:40	2	0:19	17	2:34	22.75	1:55:50	5:05	10	13:22	41	27:19