



10. Kristall-Marathon

Merkers / 14.02.2016

Detailed evaluation

Rodi, Hans-Peter

Club: SV Birkenhard

Number: 403

Course: 22.75 km

Halbmarathon

Category:

Senioren M55 (55-59 Jahre)

Total time: 1:56:16

Speed: 11.35 km/h

Running performance: 5:07 min/km

Rank in course/Total: 47 (of 159)

Rank in course/Men: 43 (of 122)

Best time in course: 1:28:31

Rank in category: 5(of 14)

Best time in the category: 1:37:58

Intermediate times

Stage score

Total ranking

Control	Intermediate times					Stage score			Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	15:14	4:41	5	2:12	38	3:29	3.25	15:14	4:41	5	2:12	38	3:29
Lap 2	3.25	16:18	5:00	5	2:46	45	3:56	6.50	31:32	4:51	5	4:58	41	7:20
Lap 3	3.25	16:31	5:04	5	2:43	45	4:00	9.75	48:03	4:55	5	7:41	42	11:20
Lap 4	3.25	16:47	5:09	5	2:48	46	4:05	13.00	1:04:50	4:59	5	10:29	42	15:08
Lap 5	3.25	17:05	5:15	5	2:51	44	4:09	16.25	1:21:55	5:02	5	13:20	43	19:16
Lap 6	3.25	17:18	5:19	5	2:33	44	4:23	19.50	1:39:13	5:05	5	15:53	42	23:24
Last lap Finish	3.25	17:03	5:14	5	2:25	44	4:26	22.75	1:56:16	5:06	5	18:18	43	27:45