



# 10. Kristall-Marathon

Merkers / 14.02.2016

## Detailed evaluation

welnitz, oliver

Club: LC BlueLiner

Number: 443

Course: 22.75 km

Halbmarathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:57:01

Speed: 11.67 km/h

Running performance: 5:08 min/km

Rank in course/Total: 53 (of 159)

Rank in course/Men: 46 (of 122)

Best time in course: 1:28:31

Rank in category: 9(of 15)

Best time in the category: 1:34:48

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	16:50	5:10	12	4:24	64	5:05	3.25	16:50	5:10	12	4:24	64	5:05	
Lap 2	3.25	16:46	5:09	11	3:26	53	4:24	6.50	33:36	5:10	12	7:50	60	9:24	
Lap 3	3.25	16:44	5:08	9	3:15	50	4:13	9.75	50:20	5:09	11	11:05	53	13:37	
Lap 4	3.25	17:09	5:16	9	3:32	50	4:27	13.00	1:07:29	5:11	11	14:37	51	17:47	
Lap 5	3.25	16:53	5:11	8	2:59	40	3:57	16.25	1:24:22	5:11	11	17:36	50	21:43	
Lap 6	3.25	16:45	5:09	8	2:38	42	3:50	19.50	1:41:07	5:11	10	20:14	49	25:18	
Last lap Finish	3.25	15:54	4:53	5	1:59	28	3:17	22.75	1:57:01	5:08	9	22:13	46	28:30	