



10. Kristall-Marathon

Merkers / 14.02.2016

Detailed evaluation

Kasemir, Alexandra

Club: TV Bruck 1861

Number: 349

Course: 22.75 km

Halbmarathon

Category:

Seniorinnen W30 (30-34 Jahre)

Total time: 2:00:29

Speed: 10.96 km/h

Running performance: 5:18 min/km

Rank in course/Total: 61 (of 159)

Rank in course/Women: 8 (of 37)

Best time in course: 1:42:13

Rank in category: 3(of 9)

Best time in the category: 1:45:46

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	15:50	4:52	3	1:34	7	2:33	3.25	15:50	4:52	3	1:34	7	2:33
Lap 2	3.25	16:46	5:09	3	1:44	8	2:42	6.50	32:36	5:00	3	3:18	7	5:15
Lap 3	3.25	17:08	5:16	3	1:55	7	2:43	9.75	49:44	5:06	3	5:13	7	7:58
Lap 4	3.25	17:14	5:18	3	1:49	9	2:27	13.00	1:06:58	5:09	3	7:02	8	10:25
Lap 5	3.25	17:40	5:26	3	2:12	9	2:43	16.25	1:24:38	5:12	3	9:14	8	13:08
Lap 6	3.25	17:56	5:31	3	2:36	9	2:37	19.50	1:42:34	5:15	3	11:50	8	15:45
Last lap Finish	3.25	17:55	5:30	3	2:53	9	2:53	22.75	2:00:29	5:17	3	14:43	8	18:16