



10. Kristall-Marathon

Merkers / 14.02.2016

Detailed evaluation

Schwarz, olaf

Club: Burgberg runners

Number: 423

Course: 22.75 km

Halbmarathon

Category:

Senioren M35 (35-39 Jahre)

Total time: 2:00:49

Speed: 11.30 km/h

Running performance: 5:19 min/km

Rank in course/Total: 63 (of 159)

Rank in course/Men: 55 (of 122)

Best time in course: 1:28:31

Rank in category: 9(of 19)

Best time in the category: 1:38:41

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Pos		Total	Total	Total	Pos	Behind	Pos	Behind	
	km	Time			min/km	Cat.								Cat.
Lap 1	3.25	16:41	5:08	8	3:33	59	4:56	3.25	16:41	5:08	8	3:33	59	4:56
Lap 2	3.25	16:43	5:08	7	2:53	51	4:21	6.50	33:24	5:08	8	6:26	58	9:12
Lap 3	3.25	17:04	5:15	9	3:06	53	4:33	9.75	50:28	5:10	8	9:32	54	13:45
Lap 4	3.25	17:53	5:30	9	3:43	62	5:11	13.00	1:08:21	5:15	9	13:15	57	18:39
Lap 5	3.25	17:29	5:22	9	3:14	52	4:33	16.25	1:25:50	5:16	9	16:27	56	23:11
Lap 6	3.25	17:20	5:19	8	3:01	45	4:25	19.50	1:43:10	5:17	9	18:53	55	27:21
Last lap Finish	3.25	17:39	5:25	8	3:28	52	5:02	22.75	2:00:49	5:18	9	22:08	55	32:18