



10. Kristall-Marathon

Merkers / 14.02.2016

Detailed evaluation

Timm, Jana

Club: SV 1885 Teutschenthal

Number: 436

Course: 22.75 km

Halbmarathon

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 2:00:59

Speed: 10.91 km/h

Running performance: 5:19 min/km

Rank in course/Total: 64 (of 159)

Rank in course/Women: 9 (of 37)

Best time in course: 1:42:13

Rank in category: 3(of 8)

Best time in the category: 1:56:25

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	16:06	4:57	3	1:50	8	2:49	3.25	16:06	4:57	3	1:50	8	2:49
Lap 2	3.25	17:01	5:14	3	1:33	9	2:57	6.50	33:07	5:05	3	3:23	9	5:46
Lap 3	3.25	17:16	5:18	3	1:02	9	2:51	9.75	50:23	5:10	3	4:25	9	8:37
Lap 4	3.25	17:22	5:20	4	0:44	10	2:35	13.00	1:07:45	5:12	3	4:59	9	11:12
Lap 5	3.25	17:40	5:26	4	0:45	9	2:43	16.25	1:25:25	5:15	3	5:20	9	13:55
Lap 6	3.25	17:44	5:27	3	0:07	8	2:25	19.50	1:43:09	5:17	3	4:52	9	16:20
Last lap Finish	3.25	17:50	5:29	3	1:07	8	2:48	22.75	2:00:59	5:19	3	4:34	9	18:46