



10. Kristall-Marathon

Merkers / 14.02.2016

Detailed evaluation

Hildebrand, Moritz

Club: OCR Frankfurt

Number: 338

Course: 22.75 km

Halbmarathon

Category:

Senioren M30 (30-34 Jahre)

Total time: 2:06:28

Speed: 10.44 km/h

Running performance: 5:34 min/km

Rank in course/Total: 72 (of 159)

Rank in course/Men: 61 (of 122)

Best time in course: 1:28:31

Rank in category: 12(of 18)

Best time in the category: 1:42:28

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	18:44	5:45	18	6:06	102	6:59	3.25	18:44	5:45	18	6:06	102	6:59
Lap 2	3.25	18:12	5:35	14	4:37	81	5:50	6.50	36:56	5:40	16	10:24	93	12:44
Lap 3	3.25	18:04	5:33	13	3:27	68	5:33	9.75	55:00	5:38	14	13:27	85	18:17
Lap 4	3.25	18:09	5:35	13	3:39	65	5:27	13.00	1:13:09	5:37	14	16:58	79	23:27
Lap 5	3.25	17:22	5:20	11	2:13	50	4:26	16.25	1:30:31	5:34	13	19:10	69	27:52
Lap 6	3.25	17:55	5:30	11	2:17	56	5:00	19.50	1:48:26	5:33	12	21:27	62	32:37
Last lap Finish	3.25	18:02	5:32	13	3:10	57	5:25	22.75	2:06:28	5:33	12	24:00	61	37:57