



10. Kristall-Marathon

Merkers / 14.02.2016

Detailed evaluation

Sell, Maria

Club: Speedy Snails

Number: 425

Course: 22.75 km

Halbmarathon

Category:

Frauen (20-29 Jahre)

Total time: 2:07:10

Speed: 10.38 km/h

Running performance: 5:35 min/km

Rank in course/Total: 74 (of 159)

Rank in course/Women: 13 (of 37)

Best time in course: 1:42:13

Rank in category: 2(of 7)

Best time in the category: 1:42:13

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	18:03	5:33	4	4:46	17	4:46	3.25	18:03	5:33	4	4:46	17	4:46
Lap 2	3.25	18:05	5:33	3	4:01	17	4:01	6.50	36:08	5:33	4	8:47	18	8:47
Lap 3	3.25	18:07	5:34	3	3:42	14	3:42	9.75	54:15	5:33	3	12:29	16	12:29
Lap 4	3.25	17:55	5:30	2	3:08	11	3:08	13.00	1:12:10	5:33	3	15:37	14	15:37
Lap 5	3.25	18:01	5:32	2	3:04	12	3:04	16.25	1:30:11	5:32	3	18:41	14	18:41
Lap 6	3.25	18:23	5:39	2	3:04	12	3:04	19.50	1:48:34	5:34	2	21:45	13	21:45
Last lap Finish	3.25	18:36	5:43	3	3:12	14	3:34	22.75	2:07:10	5:35	2	24:57	13	24:57