



10. Kristall-Marathon

Merkers / 14.02.2016

Detailed evaluation

Wolter, Steffen

Club: RennsteigSpirit

Number: 451

Course: 22.75 km

Halbmarathon

Category:

Senioren M50 (50-54 Jahre)

Total time: 2:07:32

Speed: 10.35 km/h

Running performance: 5:37 min/km

Rank in course/Total: 76 (of 159)

Rank in course/Men: 63 (of 122)

Best time in course: 1:28:31

Rank in category: 8(of 17)

Best time in the category: 1:40:23

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	16:36	5:06	5	3:23	58	4:51	3.25	16:36	5:06	5	3:23	58	4:51	
Lap 2	3.25	17:11	5:17	5	3:19	63	4:49	6.50	33:47	5:11	5	6:42	61	9:35	
Lap 3	3.25	17:47	5:28	6	3:42	61	5:16	9.75	51:34	5:17	5	10:24	61	14:51	
Lap 4	3.25	18:37	5:43	8	3:46	71	5:55	13.00	1:10:11	5:23	7	14:10	63	20:29	
Lap 5	3.25	19:03	5:51	9	4:14	74	6:07	16.25	1:29:14	5:29	7	18:24	62	26:35	
Lap 6	3.25	19:45	6:04	8	4:54	74	6:50	19.50	1:48:59	5:35	8	23:18	65	33:10	
Last lap Finish	3.25	18:33	5:42	9	3:51	64	5:56	22.75	2:07:32	5:36	8	27:09	63	39:01	