



10. Kristall-Marathon

Merkers / 14.02.2016

Detailed evaluation

Martens, Philipp

Club: Hannover

Number: 377

Course: 22.75 km

Halbmarathon

Category:

Senioren M30 (30-34 Jahre)

Total time: 2:08:04

Speed: 10.66 km/h

Running performance: 5:38 min/km

Rank in course/Total: 78 (of 159)

Rank in course/Men: 65 (of 122)

Best time in course: 1:28:31

Rank in category: 14(of 18)

Best time in the category: 1:42:28

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	18:41	5:44	17	6:03	100	6:56	3.25	18:41	5:44	17	6:03	100	6:56	
Lap 2	3.25	18:14	5:36	15	4:39	82	5:52	6.50	36:55	5:40	15	10:23	92	12:43	
Lap 3	3.25	17:58	5:31	12	3:21	65	5:27	9.75	54:53	5:37	13	13:20	84	18:10	
Lap 4	3.25	18:01	5:32	12	3:31	64	5:19	13.00	1:12:54	5:36	13	16:43	76	23:12	
Lap 5	3.25	17:41	5:26	12	2:32	55	4:45	16.25	1:30:35	5:34	14	19:14	70	27:56	
Lap 6	3.25	18:03	5:33	12	2:25	58	5:08	19.50	1:48:38	5:34	13	21:39	64	32:49	
Last lap Finish	3.25	19:26	5:58	14	4:34	68	6:49	22.75	2:08:04	5:37	14	25:36	65	39:33	