



10. Kristall-Marathon

Merkers / 14.02.2016

Detailed evaluation

Krämer, Sascha

Club: Ilmenau

Number: 361

Course: 22.75 km

Halbmarathon

Category:

Männer (20-29 Jahre)

Total time: 2:09:24

Speed: 10.20 km/h

Running performance: 5:41 min/km

Rank in course/Total: 84 (of 159)

Rank in course/Men: 69 (of 122)

Best time in course: 1:28:31

Rank in category: 5(of 11)

Best time in the category: 1:30:23

Intermediate times

Stage score

Total ranking

Control	Intermediate times					Stage score			Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	15:33	4:47	4	3:48	43	3:48	3.25	15:33	4:47	4	3:48	43	3:48
Lap 2	3.25	17:08	5:16	6	4:41	62	4:46	6.50	32:41	5:01	6	8:29	50	8:29
Lap 3	3.25	18:05	5:33	5	5:34	69	5:34	9.75	50:46	5:12	5	14:03	55	14:03
Lap 4	3.25	18:37	5:43	6	5:38	71	5:55	13.00	1:09:23	5:20	5	19:41	58	19:41
Lap 5	3.25	19:26	5:58	6	6:04	77	6:30	16.25	1:28:49	5:27	5	25:45	60	26:10
Lap 6	3.25	20:19	6:15	7	6:16	83	7:24	19.50	1:49:08	5:35	5	32:01	66	33:19
Last lap Finish	3.25	20:16	6:14	6	7:00	74	7:39	22.75	2:09:24	5:41	5	39:01	69	40:53