



# 10. Kristall-Marathon

Merkers / 14.02.2016

## Detailed evaluation

**Roggentin, Nicole**

Club: Flitz-Piepen.de

Number: 404

Course: 22.75 km

Halbmarathon

Category:

Seniorinnen W40 (40-44 Jahre)

Total time: 2:10:25

Speed: 10.12 km/h

Running performance: 5:44 min/km

Rank in course/Total: 87 (of 159)

Rank in course/Women: 16 (of 37)

Best time in course: 1:42:13

Rank in category: 2(of 4)

Best time in the category: 1:56:21

### Intermediate times

### Stage score

### Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	17:34	5:24	2	1:14	13	4:17	3.25	17:34	5:24	2	1:14	13	4:17
Lap 2	3.25	18:02	5:32	2	1:20	16	3:58	6.50	35:36	5:28	2	2:34	14	8:15
Lap 3	3.25	18:41	5:44	2	1:29	18	4:16	9.75	54:17	5:34	2	4:03	17	12:31
Lap 4	3.25	18:44	5:45	2	2:26	18	3:57	13.00	1:13:01	5:36	2	6:29	18	16:28
Lap 5	3.25	19:00	5:50	2	2:23	19	4:03	16.25	1:32:01	5:39	2	8:52	18	20:31
Lap 6	3.25	19:30	6:00	2	2:44	19	4:11	19.50	1:51:31	5:43	2	11:36	18	24:42
Last lap Finish	3.25	18:54	5:48	2	2:28	16	3:52	22.75	2:10:25	5:43	2	14:04	16	28:12