



10. Kristall-Marathon

Merkers / 14.02.2016

Detailed evaluation

Kuester, Torsten

Club: SV 1885 Teutschenthal

Number: 362

Course: 22.75 km

Halbmarathon

Category:

Senioren M50 (50-54 Jahre)

Total time: 2:11:31

Speed: 10.38 km/h

Running performance: 5:47 min/km

Rank in course/Total: 92 (of 159)

Rank in course/Men: 75 (of 122)

Best time in course: 1:28:31

Rank in category: 10(of 17)

Best time in the category: 1:40:23

Intermediate times

Stage score

Total ranking

Control	Intermediate times					Stage score			Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	15:28	4:45	4	2:15	40	3:43	3.25	15:28	4:45	4	2:15	40	3:43
Lap 2	3.25	17:38	5:25	9	3:46	69	5:16	6.50	33:06	5:05	4	6:01	54	8:54
Lap 3	3.25	18:05	5:33	9	4:00	69	5:34	9.75	51:11	5:14	4	10:01	59	14:28
Lap 4	3.25	18:37	5:43	8	3:46	71	5:55	13.00	1:09:48	5:22	4	13:47	60	20:06
Lap 5	3.25	20:15	6:13	12	5:26	94	7:19	16.25	1:30:03	5:32	9	19:13	66	27:24
Lap 6	3.25	20:20	6:15	10	5:29	84	7:25	19.50	1:50:23	5:39	9	24:42	70	34:34
Last lap Finish	3.25	21:08	6:30	12	6:26	87	8:31	22.75	2:11:31	5:46	10	31:08	75	43:00