



# 10. Kristall-Marathon

Merkers / 14.02.2016

## Detailed evaluation

**GEHRING, Kerstin**

Club: Djk Teutonia Gaustadt

Number: 328

Course: 22.75 km

Halbmarathon

Category:

Seniorinnen W35 (35-39 Jahre)

Total time: 2:12:36

Speed: 10.29 km/h

Running performance: 5:50 min/km

Rank in course/Total: 96 (of 159)

Rank in course/Women: 19 (of 37)

Best time in course: 1:42:13

Rank in category: 1(of 3)

Best time in the category: 2:12:36

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	18:26	5:40	1	-	20	5:09	3.25	18:26	5:40	1	-	20	5:09
Lap 2	3.25	18:34	5:42	2	0:05	22	4:30	6.50	37:00	5:41	2	0:02	21	9:39
Lap 3	3.25	19:08	5:53	1	-	22	4:43	9.75	56:08	5:45	1	-	20	14:22
Lap 4	3.25	18:50	5:47	1	-	19	4:03	13.00	1:14:58	5:46	1	-	20	18:25
Lap 5	3.25	18:45	5:46	1	-	16	3:48	16.25	1:33:43	5:46	1	-	20	22:13
Lap 6	3.25	19:24	5:58	1	-	17	4:05	19.50	1:53:07	5:48	1	-	19	26:18
Last lap Finish	3.25	19:29	5:59	1	-	18	4:27	22.75	2:12:36	5:49	1	-	19	30:23