



10. Kristall-Marathon

Merkers / 14.02.2016

Detailed evaluation

Wahrenberg, Sabine

Club: Lauffreunde Dittmar Schmalkalden
Number: 439

Course: 22.75 km
Halbmarathon

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 2:13:11

Speed: 9.91 km/h
Running performance: 5:51 min/km

Rank in course/Total: 97 (of 159)

Rank in course/Women: 20 (of 37)

Best time in course: 1:42:13

Rank in category: 2(of 4)

Best time in the category: 1:50:49

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	18:35	5:43	2	3:40	23	5:18	3.25	18:35	5:43	2	3:40	23	5:18
Lap 2	3.25	18:45	5:46	2	3:22	24	4:41	6.50	37:20	5:44	2	7:02	23	9:59
Lap 3	3.25	19:00	5:50	2	3:28	21	4:35	9.75	56:20	5:46	2	10:30	24	14:34
Lap 4	3.25	19:04	5:51	2	2:58	21	4:17	13.00	1:15:24	5:48	2	13:28	21	18:51
Lap 5	3.25	18:58	5:50	2	2:45	18	4:01	16.25	1:34:22	5:48	2	16:13	21	22:52
Lap 6	3.25	19:28	5:59	2	3:03	18	4:09	19.50	1:53:50	5:50	2	19:16	21	27:01
Last lap Finish	3.25	19:21	5:57	2	3:06	17	4:19	22.75	2:13:11	5:51	2	22:22	20	30:58