



10. Kristall-Marathon

Merkers / 14.02.2016

Detailed evaluation

Schunk, Yves

Club: TeamLOS

Number: 420

Course: 22.75 km

Halbmarathon

Category:

Senioren M30 (30-34 Jahre)

Total time: 2:14:20

Speed: 9.83 km/h

Running performance: 5:54 min/km

Rank in course/Total: 99 (of 159)

Rank in course/Men: 79 (of 122)

Best time in course: 1:28:31

Rank in category: 15(of 18)

Best time in the category: 1:42:28

Intermediate times

Stage score

Total ranking

Control	Intermediate times					Stage score			Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	16:15	5:00	11	3:37	53	4:30	3.25	16:15	5:00	11	3:37	53	4:30
Lap 2	3.25	17:04	5:15	12	3:29	60	4:42	6.50	33:19	5:07	11	6:47	56	9:07
Lap 3	3.25	18:17	5:37	14	3:40	73	5:46	9.75	51:36	5:17	12	10:03	62	14:53
Lap 4	3.25	19:03	5:51	15	4:33	77	6:21	13.00	1:10:39	5:26	12	14:28	65	20:57
Lap 5	3.25	18:38	5:44	15	3:29	68	5:42	16.25	1:29:17	5:29	12	17:56	63	26:38
Lap 6	3.25	23:10	7:07	16	7:32	109	10:15	19.50	1:52:27	5:46	15	25:28	78	36:38
Last lap Finish	3.25	21:53	6:44	16	7:01	93	9:16	22.75	2:14:20	5:54	15	31:52	79	45:49