



10. Kristall-Marathon

Merkers / 14.02.2016

Detailed evaluation

Wilkowsky, Christoph

Club: Traktor Badingen

Number: 205

Course: 9.75 km

10 km Lauf

Category:

Männer (20-29 Jahre)

Total time: 45:49

Speed: 12.77 km/h

Running performance: 4:42 min/km

Rank in course/Total: 29 (of 181)

Rank in course/Men: 27 (of 122)

Best time in course: 34:17

Rank in category: 6(of 12)

Best time in the category: 37:06

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	15:13	4:40	6	3:18	37	3:48	3.25	15:13	4:40	6	3:18	37	3:48
Lap 2	3.25	15:27	4:45	6	2:50	29	3:58	6.50	30:40	4:43	6	6:08	31	7:46
Last lap Finish	3.25	15:09	4:39	6	2:35	25	3:46	9.75	45:49	4:41	6	8:43	27	11:32