



10. Kristall-Marathon

Merkers / 14.02.2016

Detailed evaluation

Diepenbrock, Eddi

Club: Northwood Runners

Number: 313

Course: 22.75 km

Halbmarathon

Category:

männliche Jugend U20 (18-19 Jahre)

Total time: 2:15:02

Speed: 9.78 km/h

Running performance: 5:56 min/km

Rank in course/Total: 104 (of 159)

Rank in course/Men: 83 (of 122)

Best time in course: 1:28:31

Rank in category: 1(of 1)

Best time in the category: 2:15:02

Intermediate times

Stage score

Total ranking

Control	Intermediate times					Stage score				Total ranking				
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	17:02	5:14	1	-	70	5:17	3.25	17:02	5:14	1	-	70	5:17
Lap 2	3.25	17:40	5:26	1	-	70	5:18	6.50	34:42	5:20	1	-	69	10:30
Lap 3	3.25	18:20	5:38	1	-	75	5:49	9.75	53:02	5:26	1	-	68	16:19
Lap 4	3.25	19:19	5:56	1	-	80	6:37	13.00	1:12:21	5:33	1	-	72	22:39
Lap 5	3.25	19:29	5:59	1	-	78	6:33	16.25	1:31:50	5:39	1	-	75	29:11
Lap 6	3.25	20:57	6:26	1	-	92	8:02	19.50	1:52:47	5:47	1	-	81	36:58
Last lap Finish	3.25	22:15	6:50	1	-	94	9:38	22.75	2:15:02	5:56	1	-	83	46:31