



10. Kristall-Marathon

Merkers / 14.02.2016

Detailed evaluation

Stahr, Madlen

Club: CityBootCamp Leipzig

Number: 432

Course: 22.75 km

Halbmarathon

Category:

Seniorinnen W35 (35-39 Jahre)

Total time: 2:15:11

Speed: 9.76 km/h

Running performance: 5:56 min/km

Rank in course/Total: 105 (of 159)

Rank in course/Women: 22 (of 37)

Best time in course: 1:42:13

Rank in category: 2(of 3)

Best time in the category: 2:12:36

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	18:29	5:41	2	0:03	21	5:12	3.25	18:29	5:41	2	0:03	21	5:12
Lap 2	3.25	18:29	5:41	1	-	21	4:25	6.50	36:58	5:41	1	-	20	9:37
Lap 3	3.25	19:10	5:53	2	0:02	23	4:45	9.75	56:08	5:45	1	-	20	14:22
Lap 4	3.25	19:31	6:00	2	0:41	24	4:44	13.00	1:15:39	5:49	2	0:41	24	19:06
Lap 5	3.25	19:31	6:00	2	0:46	23	4:34	16.25	1:35:10	5:51	2	1:27	23	23:40
Lap 6	3.25	20:06	6:11	2	0:42	21	4:47	19.50	1:55:16	5:54	2	2:09	23	28:27
Last lap Finish	3.25	19:55	6:07	2	0:26	21	4:53	22.75	2:15:11	5:56	2	2:35	22	32:58