



10. Kristall-Marathon

Merkers / 14.02.2016

Detailed evaluation

Obermeier, Bernadette

Club: Team Bittel

Number: 597

Course: 22.75 km

Halbmarathon

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 2:15:51

Speed: 9.72 km/h

Running performance: 5:58 min/km

Rank in course/Total: 107 (of 159)

Rank in course/Women: 23 (of 37)

Best time in course: 1:42:13

Rank in category: 6(of 8)

Best time in the category: 1:56:25

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	19:11	5:54	6	4:55	25	5:54	3.25	19:11	5:54	6	4:55	25	5:54
Lap 2	3.25	18:24	5:39	6	2:56	20	4:20	6.50	37:35	5:46	6	7:51	24	10:14
Lap 3	3.25	18:44	5:45	6	2:30	19	4:19	9.75	56:19	5:46	6	10:21	22	14:33
Lap 4	3.25	19:05	5:52	6	2:27	22	4:18	13.00	1:15:24	5:48	6	12:38	21	18:51
Lap 5	3.25	19:46	6:04	6	2:51	24	4:49	16.25	1:35:10	5:51	6	15:05	23	23:40
Lap 6	3.25	20:06	6:11	6	2:29	21	4:47	19.50	1:55:16	5:54	6	16:59	23	28:27
Last lap Finish	3.25	20:35	6:19	6	3:52	22	5:33	22.75	2:15:51	5:58	6	19:26	23	33:38