



10. Kristall-Marathon

Merkers / 14.02.2016

Detailed evaluation

Rupp, Jürgen

Club: LMS stuttgart

Number: 407

Course: 22.75 km

Halbmarathon

Category:

Senioren M50 (50-54 Jahre)

Total time: 2:17:33

Speed: 9.60 km/h

Running performance: 6:03 min/km

Rank in course/Total: 111 (of 159)

Rank in course/Men: 87 (of 122)

Best time in course: 1:28:31

Rank in category: 11(of 17)

Best time in the category: 1:40:23

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	17:18	5:19	9	4:05	73	5:33	3.25	17:18	5:19	9	4:05	73	5:33
Lap 2	3.25	18:44	5:45	13	4:52	97	6:22	6.50	36:02	5:32	12	8:57	85	11:50
Lap 3	3.25	19:18	5:56	13	5:13	94	6:47	9.75	55:20	5:40	12	14:10	87	18:37
Lap 4	3.25	19:43	6:03	12	4:52	89	7:01	13.00	1:15:03	5:46	12	19:02	88	25:21
Lap 5	3.25	20:09	6:11	11	5:20	91	7:13	16.25	1:35:12	5:51	12	24:22	90	32:33
Lap 6	3.25	21:06	6:29	12	6:15	93	8:11	19.50	1:56:18	5:57	12	30:37	89	40:29
Last lap Finish	3.25	21:15	6:32	13	6:33	90	8:38	22.75	2:17:33	6:02	11	37:10	87	49:02