



10. Kristall-Marathon

Merkers / 14.02.2016

Detailed evaluation

Wolfschmitt, Gerhard

Club: DJK Teutonia Gaustadt

Number: 450

Course: 22.75 km

Halbmarathon

Category:

Senioren M55 (55-59 Jahre)

Total time: 2:20:27

Speed: 9.40 km/h

Running performance: 6:10 min/km

Rank in course/Total: 117 (of 159)

Rank in course/Men: 93 (of 122)

Best time in course: 1:28:31

Rank in category: 9(of 14)

Best time in the category: 1:37:58

Intermediate times

Stage score

Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	3.25	18:26	5:40	10	5:24	93	6:41	3.25	18:26	5:40	10	5:24	93	6:41
Lap 2	3.25	18:36	5:43	10	5:04	93	6:14	6.50	37:02	5:41	10	10:28	96	12:50
Lap 3	3.25	19:08	5:53	9	5:20	89	6:37	9.75	56:10	5:45	9	15:48	91	19:27
Lap 4	3.25	19:56	6:08	9	5:57	93	7:14	13.00	1:16:06	5:51	9	21:45	92	26:24
Lap 5	3.25	20:39	6:21	10	6:25	96	7:43	16.25	1:36:45	5:57	9	28:10	93	34:06
Lap 6	3.25	21:13	6:31	10	6:28	94	8:18	19.50	1:57:58	6:02	9	34:38	94	42:09
Last lap Finish	3.25	22:29	6:55	11	7:51	95	9:52	22.75	2:20:27	6:10	9	42:29	93	51:56