



10. Kristall-Marathon

Merkers / 14.02.2016

Detailed evaluation

Kiehl, Meinhard

Club: PSV Brühl

Number: 355

Course: 22.75 km

Halbmarathon

Category:

Senioren M55 (55-59 Jahre)

Total time: 2:21:28

Speed: 9.33 km/h

Running performance: 6:13 min/km

Rank in course/Total: 119 (of 159)

Rank in course/Men: 95 (of 122)

Best time in course: 1:28:31

Rank in category: 10(of 14)

Best time in the category: 1:37:58

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	17:20	5:19	8	4:18	74	5:35	3.25	17:20	5:19	8	4:18	74	5:35
Lap 2	3.25	18:23	5:39	8	4:51	86	6:01	6.50	35:43	5:29	8	9:09	80	11:31
Lap 3	3.25	21:28	6:36	13	7:40	115	8:57	9.75	57:11	5:51	11	16:49	100	20:28
Lap 4	3.25	22:00	6:46	13	8:01	112	9:18	13.00	1:19:11	6:05	11	24:50	102	29:29
Lap 5	3.25	21:08	6:30	11	6:54	102	8:12	16.25	1:40:19	6:10	11	31:44	100	37:40
Lap 6	3.25	20:14	6:13	9	5:29	80	7:19	19.50	2:00:33	6:10	11	37:13	100	44:44
Last lap Finish	3.25	20:55	6:26	9	6:17	83	8:18	22.75	2:21:28	6:13	10	43:30	95	52:57