



10. Kristall-Marathon

Merkers / 14.02.2016

Detailed evaluation

Gutsch, Martin

Club: Neustrelitz

Number: 331

Course: 22.75 km

Halbmarathon

Category:

Senioren M35 (35-39 Jahre)

Total time: 2:22:04

Speed: 9.29 km/h

Running performance: 6:14 min/km

Rank in course/Total: 120 (of 159)

Rank in course/Men: 96 (of 122)

Best time in course: 1:28:31

Rank in category: 14(of 19)

Best time in the category: 1:38:41

Intermediate times

Stage score

Total ranking

Control	Intermediate times					Stage score			Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	20:21	6:15	16	7:13	113	8:36	3.25	20:21	6:15	16	7:13	113	8:36
Lap 2	3.25	20:35	6:19	15	6:45	108	8:13	6.50	40:56	6:17	16	13:58	112	16:44
Lap 3	3.25	20:20	6:15	14	6:22	103	7:49	9.75	1:01:16	6:17	15	20:20	108	24:33
Lap 4	3.25	20:25	6:16	14	6:15	99	7:43	13.00	1:21:41	6:16	14	26:35	107	31:59
Lap 5	3.25	20:03	6:10	13	5:48	89	7:07	16.25	1:41:44	6:15	14	32:21	106	39:05
Lap 6	3.25	19:44	6:04	13	5:25	73	6:49	19.50	2:01:28	6:13	14	37:11	101	45:39
Last lap Finish	3.25	20:36	6:20	13	6:25	78	7:59	22.75	2:22:04	6:14	14	43:23	96	53:33