



10. Kristall-Marathon

Merkers / 14.02.2016

Detailed evaluation

Kiehl, Ute

Club: weilerswist

Number: 356

Course: 22.75 km

Halbmarathon

Category:

Seniorinnen W50 (50-54 Jahre)

Total time: 2:30:27

Speed: 9.07 km/h

Running performance: 6:37 min/km

Rank in course/Total: 133 (of 159)

Rank in course/Women: 27 (of 37)

Best time in course: 1:42:13

Rank in category: 3(of 4)

Best time in the category: 1:50:49

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	20:59	6:27	3	6:04	32	7:42	3.25	20:59	6:27	3	6:04	32	7:42
Lap 2	3.25	20:52	6:25	3	5:29	28	6:48	6.50	41:51	6:26	3	11:33	30	14:30
Lap 3	3.25	21:06	6:29	3	5:34	27	6:41	9.75	1:02:57	6:27	3	17:07	28	21:11
Lap 4	3.25	21:06	6:29	3	5:00	26	6:19	13.00	1:24:03	6:27	3	22:07	28	27:30
Lap 5	3.25	21:54	6:44	3	5:41	26	6:57	16.25	1:45:57	6:31	3	27:48	28	34:27
Lap 6	3.25	22:08	6:48	3	5:43	26	6:49	19.50	2:08:05	6:34	3	33:31	27	41:16
Last lap Finish	3.25	22:22	6:52	3	6:07	25	7:20	22.75	2:30:27	6:36	3	39:38	27	48:14