



10. Kristall-Marathon

Merkers / 14.02.2016

Detailed evaluation

Palm, Andreas

Club: FUNtoRUN.de

Number: 598

Course: 22.75 km

Halbmarathon

Category:

Senioren M40 (40-44 Jahre)

Total time: 2:30:26

Speed: 8.77 km/h

Running performance: 6:37 min/km

Rank in course/Total: 132 (of 159)

Rank in course/Men: 106 (of 122)

Best time in course: 1:28:31

Rank in category: 18(of 23)

Best time in the category: 1:28:31

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	17:00	5:13	13	5:11	68	5:15	3.25	17:00	5:13	13	5:11	68	5:15
Lap 2	3.25	18:43	5:45	18	6:21	96	6:21	6.50	35:43	5:29	15	11:31	80	11:31
Lap 3	3.25	20:07	6:11	19	7:34	100	7:36	9.75	55:50	5:43	16	19:05	90	19:07
Lap 4	3.25	21:23	6:34	22	8:41	105	8:41	13.00	1:17:13	5:56	18	27:31	98	27:31
Lap 5	3.25	23:48	7:19	23	10:52	118	10:52	16.25	1:41:01	6:12	20	38:22	102	38:22
Lap 6	3.25	23:41	7:17	23	10:46	114	10:46	19.50	2:04:42	6:23	21	48:53	106	48:53
Last lap Finish	3.25	25:44	7:55	20	13:07	116	13:07	22.75	2:30:26	6:36	18	1:01:55	106	1:01:55