



10. Kristall-Marathon

Merkers / 14.02.2016

Detailed evaluation

Feldhaus, Michael

Club: Team Lulu Bar

Number: 324

Course: 22.75 km

Halbmarathon

Category:

Senioren M40 (40-44 Jahre)

Total time: 2:32:14

Speed: 8.67 km/h

Running performance: 6:41 min/km

Rank in course/Total: 137 (of 159)

Rank in course/Men: 109 (of 122)

Best time in course: 1:28:31

Rank in category: 19(of 23)

Best time in the category: 1:28:31

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	18:40	5:44	19	6:51	98	6:55	3.25	18:40	5:44	19	6:51	98	6:55
Lap 2	3.25	21:32	6:37	23	9:10	116	9:10	6.50	40:12	6:11	22	16:00	108	16:00
Lap 3	3.25	21:23	6:34	23	8:50	113	8:52	9.75	1:01:35	6:18	22	24:50	109	24:52
Lap 4	3.25	21:16	6:32	21	8:34	104	8:34	13.00	1:22:51	6:22	22	33:09	109	33:09
Lap 5	3.25	21:47	6:42	20	8:51	105	8:51	16.25	1:44:38	6:26	22	41:59	109	41:59
Lap 6	3.25	23:13	7:08	22	10:18	110	10:18	19.50	2:07:51	6:33	22	52:02	110	52:02
Last lap Finish	3.25	24:23	7:30	19	11:46	111	11:46	22.75	2:32:14	6:41	19	1:03:43	109	1:03:43