



10. Kristall-Marathon

Merkers / 14.02.2016

Detailed evaluation

Schönfeldt, Bernd

Club: Lochauer Faschingsclub e.V.

Number: 418

Course: 22.75 km

Halbmarathon

Category:

Senioren M55 (55-59 Jahre)

Total time: 2:32:39

Speed: 8.65 km/h

Running performance: 6:43 min/km

Rank in course/Total: 138 (of 159)

Rank in course/Men: 110 (of 122)

Best time in course: 1:28:31

Rank in category: 13(of 14)

Best time in the category: 1:37:58

Intermediate times

Stage score

Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	3.25	20:21	6:15	13	7:19	113	8:36	3.25	20:21	6:15	13	7:19	113	8:36
Lap 2	3.25	20:36	6:20	12	7:04	109	8:14	6.50	40:57	6:18	13	14:23	113	16:45
Lap 3	3.25	20:55	6:26	11	7:07	106	8:24	9.75	1:01:52	6:20	13	21:30	112	25:09
Lap 4	3.25	21:28	6:36	10	7:29	107	8:46	13.00	1:23:20	6:24	12	28:59	110	33:38
Lap 5	3.25	22:00	6:46	12	7:46	111	9:04	16.25	1:45:20	6:28	12	36:45	110	42:41
Lap 6	3.25	22:54	7:02	12	8:09	108	9:59	19.50	2:08:14	6:34	12	44:54	111	52:25
Last lap Finish	3.25	24:25	7:30	12	9:47	112	11:48	22.75	2:32:39	6:42	13	54:41	110	1:04:08