



10. Kristall-Marathon

Merkers / 14.02.2016

Detailed evaluation

Hunger, Susanne

Club: WSV Berlin

Number: 342

Course: 22.75 km

Halbmarathon

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 2:39:46

Speed: 8.26 km/h

Running performance: 7:01 min/km

Rank in course/Total: 144 (of 159)

Rank in course/Women: 31 (of 37)

Best time in course: 1:42:13

Rank in category: 7(of 8)

Best time in the category: 1:56:25

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	19:59	6:08	7	5:43	29	6:42	3.25	19:59	6:08	7	5:43	29	6:42
Lap 2	3.25	21:15	6:32	7	5:47	29	7:11	6.50	41:14	6:20	7	11:30	28	13:53
Lap 3	3.25	22:30	6:55	8	6:16	32	8:05	9.75	1:03:44	6:32	7	17:46	30	21:58
Lap 4	3.25	24:12	7:26	8	7:34	33	9:25	13.00	1:27:56	6:45	7	25:10	31	31:23
Lap 5	3.25	23:44	7:18	7	6:49	31	8:47	16.25	1:51:40	6:52	7	31:35	31	40:10
Lap 6	3.25	24:04	7:24	7	6:27	31	8:45	19.50	2:15:44	6:57	7	37:27	31	48:55
Last lap Finish	3.25	24:02	7:23	7	7:19	31	9:00	22.75	2:39:46	7:01	7	43:21	31	57:33