



10. Kristall-Marathon

Merkers / 14.02.2016

Detailed evaluation

Schaarschmidt, Rauni

Club: DLRG Leuna Merseburg

Number: 410

Course: 22.75 km

Halbmarathon

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 2:41:37

Speed: 8.17 km/h

Running performance: 7:06 min/km

Rank in course/Total: 145 (of 159)

Rank in course/Women: 32 (of 37)

Best time in course: 1:42:13

Rank in category: 8(of 8)

Best time in the category: 1:56:25

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	20:44	6:22	8	6:28	31	7:27	3.25	20:44	6:22	8	6:28	31	7:27
Lap 2	3.25	21:30	6:36	8	6:02	32	7:26	6.50	42:14	6:29	8	12:30	31	14:53
Lap 3	3.25	22:26	6:54	7	6:12	31	8:01	9.75	1:04:40	6:37	8	18:42	31	22:54
Lap 4	3.25	23:27	7:12	7	6:49	32	8:40	13.00	1:28:07	6:46	8	25:21	32	31:34
Lap 5	3.25	24:20	7:29	8	7:25	32	9:23	16.25	1:52:27	6:55	8	32:22	32	40:57
Lap 6	3.25	24:28	7:31	8	6:51	33	9:09	19.50	2:16:55	7:01	8	38:38	32	50:06
Last lap Finish	3.25	24:42	7:35	8	7:59	34	9:40	22.75	2:41:37	7:06	8	45:12	32	59:24