



10. Kristall-Marathon

Merkers / 14.02.2016

Detailed evaluation

Schmidtman, Volker

Club: Sportshop-Triathlon Team

Number: 415

Course: 22.75 km

Halbmarathon

Category:

Senioren M50 (50-54 Jahre)

Total time: 2:42:43

Speed: 8.11 km/h

Running performance: 7:09 min/km

Rank in course/Total: 148 (of 159)

Rank in course/Men: 116 (of 122)

Best time in course: 1:28:31

Rank in category: 17(of 17)

Best time in the category: 1:40:23

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|--|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | |
| Lap 1 | 3.25 | 20:07 | 6:11 | 17 | 6:54 | 112 | 8:22 | 3.25 | 20:07 | 6:11 | 17 | 6:54 | 112 | 8:22 | |
| Lap 2 | 3.25 | 21:17 | 6:32 | 17 | 7:25 | 113 | 8:55 | 6.50 | 41:24 | 6:22 | 17 | 14:19 | 114 | 17:12 | |
| Lap 3 | 3.25 | 21:51 | 6:43 | 17 | 7:46 | 116 | 9:20 | 9.75 | 1:03:15 | 6:29 | 17 | 22:05 | 114 | 26:32 | |
| Lap 4 | 3.25 | 23:07 | 7:06 | 17 | 8:16 | 116 | 10:25 | 13.00 | 1:26:22 | 6:38 | 17 | 30:21 | 115 | 36:40 | |
| Lap 5 | 3.25 | 23:59 | 7:22 | 17 | 9:10 | 119 | 11:03 | 16.25 | 1:50:21 | 6:47 | 17 | 39:31 | 117 | 47:42 | |
| Lap 6 | 3.25 | 26:19 | 8:05 | 17 | 11:28 | 121 | 13:24 | 19.50 | 2:16:40 | 7:00 | 17 | 50:59 | 117 | 1:00:51 | |
| Last lap Finish | 3.25 | 26:03 | 8:00 | 17 | 11:21 | 117 | 13:26 | 22.75 | 2:42:43 | 7:09 | 17 | 1:02:20 | 116 | 1:14:12 | |