



10. Kristall-Marathon

Merkers / 14.02.2016

Detailed evaluation

Schmidtman, Volker

Club: Sportshop-Triathlon Team

Number: 415

Course: 22.75 km

Halbmarathon

Category:

Senioren M50 (50-54 Jahre)

Total time: 2:42:43

Speed: 8.11 km/h

Running performance: 7:09 min/km

Rank in course/Total: 148 (of 159)

Rank in course/Men: 116 (of 122)

Best time in course: 1:28:31

Rank in category: 17(of 17)

Best time in the category: 1:40:23

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Lap 1	3.25	20:07	6:11	17	6:54	112	8:22	3.25	20:07	6:11	17	6:54	112	8:22
Lap 2	3.25	21:17	6:32	17	7:25	113	8:55	6.50	41:24	6:22	17	14:19	114	17:12
Lap 3	3.25	21:51	6:43	17	7:46	116	9:20	9.75	1:03:15	6:29	17	22:05	114	26:32
Lap 4	3.25	23:07	7:06	17	8:16	116	10:25	13.00	1:26:22	6:38	17	30:21	115	36:40
Lap 5	3.25	23:59	7:22	17	9:10	119	11:03	16.25	1:50:21	6:47	17	39:31	117	47:42
Lap 6	3.25	26:19	8:05	17	11:28	121	13:24	19.50	2:16:40	7:00	17	50:59	117	1:00:51
Last lap Finish	3.25	26:03	8:00	17	11:21	117	13:26	22.75	2:42:43	7:09	17	1:02:20	116	1:14:12