



10. Kristall-Marathon

Merkers / 14.02.2016

Detailed evaluation

Machauer, Ines

Club: OCR Frankfurt

Number: 373

Course: 22.75 km

Halbmarathon

Category:

Seniorinnen W30 (30-34 Jahre)

Total time: 2:44:44

Speed: 8.29 km/h

Running performance: 7:14 min/km

Rank in course/Total: 150 (of 159)

Rank in course/Women: 34 (of 37)

Best time in course: 1:42:13

Rank in category: 8(of 9)

Best time in the category: 1:45:46

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	19:42	6:03	8	5:26	28	6:25	3.25	19:42	6:03	8	5:26	28	6:25
Lap 2	3.25	23:00	7:04	8	7:58	34	8:56	6.50	42:42	6:34	8	13:24	32	15:21
Lap 3	3.25	23:34	7:15	8	8:21	35	9:09	9.75	1:06:16	6:47	8	21:45	33	24:30
Lap 4	3.25	24:21	7:29	8	8:56	34	9:34	13.00	1:30:37	6:58	8	30:41	33	34:04
Lap 5	3.25	24:47	7:37	8	9:19	34	9:50	16.25	1:55:24	7:06	8	40:00	33	43:54
Lap 6	3.25	24:48	7:37	8	9:28	35	9:29	19.50	2:20:12	7:11	8	49:28	34	53:23
Last lap Finish	3.25	24:32	7:32	8	9:30	33	9:30	22.75	2:44:44	7:14	8	58:58	34	1:02:31