



10. Kristall-Marathon

Merkers / 14.02.2016

Detailed evaluation

Kahlich, Joseph

Club: Northwood Runners

Number: 347

Course: 22.75 km

Halbmarathon

Category:

Männer (20-29 Jahre)

Total time: 2:46:18

Speed: 8.21 km/h

Running performance: 7:19 min/km

Rank in course/Total: 152 (of 159)

Rank in course/Men: 118 (of 122)

Best time in course: 1:28:31

Rank in category: 11(of 11)

Best time in the category: 1:30:23

Intermediate times

Stage score

Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	3.25	21:35	6:38	10	9:50	117	9:50	3.25	21:35	6:38	10	9:50	117	9:50
Lap 2	3.25	22:35	6:56	10	10:08	119	10:13	6.50	44:10	6:47	10	19:58	119	19:58
Lap 3	3.25	22:39	6:58	10	10:08	118	10:08	9.75	1:06:49	6:51	10	30:06	119	30:06
Lap 4	3.25	24:26	7:31	10	11:27	119	11:44	13.00	1:31:15	7:01	10	41:33	119	41:33
Lap 5	3.25	25:52	7:57	11	12:30	122	12:56	16.25	1:57:07	7:12	10	54:03	119	54:28
Lap 6	3.25	24:46	7:37	11	10:43	118	11:51	19.50	2:21:53	7:16	10	1:04:46	119	1:06:04
Last lap Finish	3.25	24:25	7:30	11	11:09	112	11:48	22.75	2:46:18	7:18	11	1:15:55	118	1:17:47