



# 10. Kristall-Marathon

Merkers / 14.02.2016

## Detailed evaluation

Diepenbrock, Kira

Club: Northwood Runners

Number: 314

Course: 22.75 km

Halbmarathon

Category:

Frauen (20-29 Jahre)

Total time: 2:46:18

Speed: 7.94 km/h

Running performance: 7:19 min/km

Rank in course/Total: 153 (of 159)

Rank in course/Women: 35 (of 37)

Best time in course: 1:42:13

Rank in category: 7(of 7)

Best time in the category: 1:42:13

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Pos Cat.	Behind Cat.	Total ranking		
						Pos Women	Behind Women	Total km	Total Time			Total min/km	Pos Women	Behind Women
Lap 1	3.25	21:35	6:38	7	8:18	33	8:18	3.25	21:35	6:38	7	8:18	33	8:18
Lap 2	3.25	22:35	6:56	7	8:31	33	8:31	6.50	44:10	6:47	7	16:49	33	16:49
Lap 3	3.25	22:39	6:58	7	8:14	33	8:14	9.75	1:06:49	6:51	7	25:03	34	25:03
Lap 4	3.25	24:25	7:30	7	9:38	35	9:38	13.00	1:31:14	7:01	7	34:41	34	34:41
Lap 5	3.25	25:52	7:57	7	10:55	36	10:55	16.25	1:57:06	7:12	7	45:36	35	45:36
Lap 6	3.25	24:47	7:37	7	9:28	34	9:28	19.50	2:21:53	7:16	7	55:04	35	55:04
Last lap Finish	3.25	24:25	7:30	7	9:01	32	9:23	22.75	2:46:18	7:18	7	1:04:05	35	1:04:05