



10. Kristall-Marathon

Merkers / 14.02.2016

Detailed evaluation

Schneider, Thorsten

Club: Bochum

Number: 417

Course: 22.75 km

Halbmarathon

Category:

Senioren M35 (35-39 Jahre)

Total time: 2:59:55

Speed: 7.59 km/h

Running performance: 7:55 min/km

Rank in course/Total: 155 (of 159)

Rank in course/Men: 120 (of 122)

Best time in course: 1:28:31

Rank in category: 19(of 19)

Best time in the category: 1:38:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	21:08	6:30	17	8:00	116	9:23	3.25	21:08	6:30	17	8:00	116	9:23
Lap 2	3.25	24:31	7:32	19	10:41	121	12:09	6.50	45:39	7:01	19	18:41	121	21:27
Lap 3	3.25	27:32	8:28	19	13:34	122	15:01	9.75	1:13:11	7:30	19	32:15	121	36:28
Lap 4	3.25	26:56	8:17	19	12:46	121	14:14	13.00	1:40:07	7:42	19	45:01	121	50:25
Lap 5	3.25	24:05	7:24	19	9:50	120	11:09	16.25	2:04:12	7:38	19	54:49	122	1:01:33
Lap 6	3.25	28:37	8:48	19	14:18	122	15:42	19.50	2:32:49	7:50	19	1:08:32	122	1:17:00
Last lap Finish	3.25	27:06	8:20	19	12:55	119	14:29	22.75	2:59:55	7:54	19	1:21:14	120	1:31:24