



10. Kristall-Marathon

Merkers / 14.02.2016

Detailed evaluation

Schudmann, Katharina

Club: www.sport-mit-diabetes.de

Number: 170

Course: 9.75 km

10 km Lauf

Category:

Frauen (20-29 Jahre)

Total time: 46:35

Speed: 11.59 km/h

Running performance: 4:47 min/km

Rank in course/Total: 33 (of 181)

Rank in course/Women: 3 (of 59)

Best time in course: 39:58

Rank in category: 3(of 13)

Best time in the category: 39:58

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total		Total		Total ranking	
						Pos Women	Behind Women	km	Time	min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Lap 1	3.25	15:32	4:46	3	2:19	6	2:19	3.25	15:32	4:46	3	2:19	6	2:19	
Lap 2	3.25	15:23	4:44	2	2:02	2	2:02	6.50	30:55	4:45	3	4:21	3	4:21	
Last lap Finish	3.25	15:40	4:49	3	2:16	3	2:16	9.75	46:35	4:46	3	6:37	3	6:37	