



10. Kristall-Marathon

Merkers / 14.02.2016

Detailed evaluation

Hein, Oliver

Club: Vacha

Number: 545

Course: 42.25 km

Marathon

Category:

Senioren M35 (35-39 Jahre)

Total time: 3:07:39

Speed: 13.51 km/h

Running performance: 4:26 min/km

Rank in course/Total: 3 (of 119)

Rank in course/Men: 3 (of 107)

Best time in course: 2:53:03

Rank in category: 1(of 9)

Best time in the category: 3:07:39

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	12:24	3:48	1	-	4	0:35	3.25	12:24	3:48	1	-	4	0:35
Lap 2	3.25	13:17	4:05	1	-	5	0:37	6.50	25:41	3:57	1	-	4	1:12
Lap 3	3.25	13:41	4:12	1	-	6	1:10	9.75	39:22	4:02	1	-	4	2:09
Lap 4	3.25	13:51	4:15	3	0:03	8	1:12	13.00	53:13	4:05	1	-	4	3:13
Lap 5	3.25	14:09	4:21	1	-	7	1:12	16.25	1:07:22	4:08	1	-	5	4:25
Lap 6	3.25	14:18	4:24	3	0:09	9	1:12	19.50	1:21:40	4:11	1	-	5	5:31
Lap 7	3.25	14:32	4:28	3	0:09	8	1:28	22.75	1:36:12	4:13	1	-	5	6:46
Lap 8	3.25	15:00	4:36	3	0:28	10	1:55	26.00	1:51:12	4:16	1	-	5	8:41
Lap 9	3.25	14:55	4:35	2	0:20	7	1:20	29.25	2:06:07	4:18	1	-	5	10:01
Lap 10	3.25	15:10	4:39	1	-	3	1:03	32.50	2:21:17	4:20	1	-	3	11:04
Lap 11	3.25	15:52	4:52	1	-	8	1:55	35.75	2:37:09	4:23	1	-	4	12:59
Lap 12	3.25	15:07	4:39	1	-	2	1:05	39.00	2:52:16	4:25	1	-	3	14:04
Last lap Finish	3.25	15:23	4:44	1	-	3	0:32	42.25	3:07:39	4:26	1	-	3	14:36