



# 10. Kristall-Marathon

Merkers / 14.02.2016

## Detailed evaluation

**Wolf, Andrej**

Club: SCC Scharmede

Number: 655

Course: 42.25 km

Marathon

Category:

Senioren M40 (40-44 Jahre)

Total time: 3:09:02

Speed: 13.41 km/h

Running performance: 4:28 min/km

Rank in course/Total: 5 (of 119)

Rank in course/Men: 5 (of 107)

Best time in course: 2:53:03

Rank in category: 2(of 24)

Best time in the category: 2:53:03

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	13:18	4:05	4	1:12	9	1:29	3.25	13:18	4:05	4	1:12	9	1:29
Lap 2	3.25	13:48	4:14	4	1:03	7	1:08	6.50	27:06	4:10	4	2:13	9	2:37
Lap 3	3.25	13:58	4:17	4	1:27	8	1:27	9.75	41:04	4:12	4	3:25	10	3:51
Lap 4	3.25	14:03	4:19	4	1:24	9	1:24	13.00	55:07	4:14	4	4:49	10	5:07
Lap 5	3.25	14:00	4:18	4	1:02	6	1:03	16.25	1:09:07	4:15	4	5:51	9	6:10
Lap 6	3.25	14:06	4:20	3	1:00	4	1:00	19.50	1:23:13	4:16	4	6:51	9	7:04
Lap 7	3.25	14:09	4:21	3	1:05	5	1:05	22.75	1:37:22	4:16	4	7:56	7	7:56
Lap 8	3.25	14:33	4:28	2	1:28	5	1:28	26.00	1:51:55	4:18	4	9:24	7	9:24
Lap 9	3.25	14:44	4:31	2	1:09	4	1:09	29.25	2:06:39	4:19	4	10:33	8	10:33
Lap 10	3.25	15:18	4:42	3	1:11	4	1:11	32.50	2:21:57	4:22	3	11:44	6	11:44
Lap 11	3.25	15:29	4:45	3	1:32	6	1:32	35.75	2:37:26	4:24	3	13:16	6	13:16
Lap 12	3.25	15:57	4:54	4	1:55	9	1:55	39.00	2:53:23	4:26	2	15:11	5	15:11
Last lap Finish	3.25	15:39	4:48	3	0:48	8	0:48	42.25	3:09:02	4:28	2	15:59	5	15:59