



10. Kristall-Marathon

Merkers / 14.02.2016

Detailed evaluation

Stoffels, Matthias

Club: Alt Nauorter Brauerei

Number: 636

Course: 42.25 km

Marathon

Category:

Senioren M30 (30-34 Jahre)

Total time: 3:19:00

Speed: 12.66 km/h

Running performance: 4:43 min/km

Rank in course/Total: 14 (of 119)

Rank in course/Men: 14 (of 107)

Best time in course: 2:53:03

Rank in category: 2(of 10)

Best time in the category: 2:59:21

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Lap 1	3.25	14:12	4:22	4	2:23	18	2:23	3.25	14:12	4:22	4	2:23	18	2:23
Lap 2	3.25	14:21	4:24	2	1:41	12	1:41	6.50	28:33	4:23	2	4:04	14	4:04
Lap 3	3.25	14:34	4:28	2	1:50	14	2:03	9.75	43:07	4:25	2	5:54	12	5:54
Lap 4	3.25	14:36	4:29	2	1:49	13	1:57	13.00	57:43	4:26	2	7:43	13	7:43
Lap 5	3.25	15:29	4:45	2	2:32	17	2:32	16.25	1:13:12	4:30	2	10:15	14	10:15
Lap 6	3.25	15:06	4:38	2	1:54	15	2:00	19.50	1:28:18	4:31	2	12:09	14	12:09
Lap 7	3.25	15:16	4:41	2	1:59	15	2:12	22.75	1:43:34	4:33	2	14:08	14	14:08
Lap 8	3.25	15:09	4:39	2	1:56	14	2:04	26.00	1:58:43	4:33	2	16:04	14	16:12
Lap 9	3.25	15:22	4:43	2	1:31	13	1:47	29.25	2:14:05	4:35	2	17:35	14	17:59
Lap 10	3.25	15:35	4:47	1	-	10	1:28	32.50	2:29:40	4:36	2	17:16	14	19:27
Lap 11	3.25	16:07	4:57	2	1:34	13	2:10	35.75	2:45:47	4:38	2	18:50	13	21:37
Lap 12	3.25	16:32	5:05	2	0:50	14	2:30	39.00	3:02:19	4:40	2	19:40	14	24:07
Last lap Finish	3.25	16:41	5:08	1	-	15	1:50	42.25	3:19:00	4:42	2	19:39	14	25:57